

# Menu

# June 2026

# Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	
<b>Main:</b>	Rotini Pasta w. Garden Sauce	Tuscan White Beans Soup	Chicken Fajita & Veggie Wrap	Turkey & Cheese Sandwich Whole Wheat	Vegetarian Brown Rice
<b>Side:</b>	Sweat Peas	Carrots	Black Beans	Mixed Green Salad	Pinto Beans
<b>Side:</b>	Carrots	White Beans	Corn	Shredded Carrots	Cauliflower
<b>Fruit:</b>	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
<b>Vegetarian:</b>	Veg: Rotini Pasta	Veg: Tuscan White Beans Soup	Veg: Veggie Wrap	Veg: Grilled Cheese Sandwich	Veg: Brown Rice & Vegetables
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
<b>Main:</b>	Baked Ziti with Garden Sauce	Mexican Vegetables Soup	Turkey & Cheese Taco	Broccoli Cheese Pasta Whole Wheat	Yellow Rice & Turkey Sausage
<b>Side:</b>	Seasoned Green Beans	Garden Salad	Black Beans	Broccoli	Diced Tomatoes
<b>Side:</b>	Carrots	Cherry Tomatoes	Corn	Red Green Pepper & Onion	Black Eye Peas
<b>Fruit:</b>	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
<b>Vegetarian:</b>	Veg: Baked Ziti with Garden Sauce	Veg: Mexican Vegetables Soup	Veg: Bean & Cheese Taco	Veg: Broccoli & Cheese Pasta	Veg: Yellow Rice/Peas & Carrots
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	
<b>Main:</b>	Fettucine Cheese Alfredo	Turkey & Cheese Wheat Sandwich	Chicken & Cheese Quesadillas	Whole Wheat Tuscan Veggie Pasta	<b>MSSL CLOSED JUNETEENTH HOLIDAY</b>
<b>Side:</b>	Carrots	Mixed Green Salad	Black Beans	Sweet Peas	
<b>Side:</b>	Broccoli	Cherry Tomatoes	Corn	Red Green Pepper & Onions	
<b>Fruit:</b>	Bananas	Apples	Oranges	Watermelon	
<b>Vegetarian:</b>	Veg: Fettucine w Alfredo Sauce	Veg: Cheese Sandwich	Veg: Black Beans & Corn Quesadillas	Veg: Tuscan Veggie Pasta	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	
<b>Main:</b>	Spaghetti Pasta w. Garden Sauce	Grilled Cheese Sandwich	Hotdogs (Turkey or Chicken)	Veggie Primavera Whole Wheat Pasta	Teriyaki Rice & Grilled Chicken
<b>Side:</b>	Carrots	Tomato Soup	Mixed Green Salad	Broccoli	Corn
<b>Side:</b>	Cauliflower	Garden Salad	Corn	Red & Green Pepper w Onions	Green Beans
<b>Fruit:</b>	Bananas	Apples	Oranges	Watermelon	Mixed Fruits
<b>Vegetarian:</b>	Veg: Rotini Pasta	Veg: Grilled Cheese Sandwich	Veg: Cheese Sandwich	Veg: Veggie Primavera	Veg: Teriyaki Rice & Veggies
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	
<b>Main:</b>	Mac & Cheese	Vegetarian Black Bean Chili			
<b>Side:</b>	Corn	Black Beans			
<b>Side:</b>	Steamed Broccoli	Diced Tomatoes & Corn			
<b>Fruit:</b>	Bananas	Apples			
<b>Vegetarian:</b>	Veg: Mac & Cheese w/ Veggies	Veg: Black Bean Chili			

## WEEKLY SNACKS

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Cheerios with Raisins</b>	French Toast Sticks with Bananas	Rice Krispies with Apples	Waffles with Oranges	<b>Honey Bunches of Oats</b>
<b>AM Snack:</b>	Animal Crackers with Milk	<b>Wheat Thins with Milk</b>	<b>Wheat Toast with 100% American Cheese</b>	String Cheese with Club Crackers	Graham Crackers with Milk
<b>PM Snack:</b>	Ritz Crackers with Bananas	Goldfish with Apples	Cheez-It with Oranges	Pretzels with Watermelon	Chex Mix with Apple Juice

**Milk and water are served at each meal / Fruits are seasonal and may vary**